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Page 1

Monday, September 18, 2006

Conestoga College, Kitchener, ON

www.conestoga.on.ca/spoke

38th Year — No. 14

Not long to go before new student centre opens

By ALICE MCKEEHAN

The new student centre for Conestoga students working on the new Student Life Centre.

"We're looking at mid October as the opening date and May/June, 2007, as completion of Conestoga Studios," he said.

Construction on the new student centre is slated to begin in August of 2006, but students are already starting work, he added.

They are now held up in sections on dry soil. However, and many others are.

The roof has been completed, and Jackson is looking forward to the official opening.

"Construction's been going well, we're very excited about this new addition for students," he said.

"Construction's been going well, we're very excited about this new addition for students."

Mark Jackson,

president of CFS

Currently, portions of the new centre are open to the public, but not yet to all new students.

Once the centre officially opens, they will be better for students and will increase presence and visibility throughout CFS will be open for the public, resulting some new courses.

"We're going to have a damage prevention and remediation on staff which we think will be a helpful addition for students," said Jackson.

The new location for CFS has also been a plus.

It is now located on the B wing, just down from the front entrance.

Proximity is one of the first few down points from the main entrance.

We had many people come through that week, that we're not used to," said Jackson.

"We're very happy with our new location."

Students can also expect to be surprised by the outcome of the new

center, which will include an entire second floor with studios and places and boxes, hopefully with.

"From day one, we wanted the center to be different from the rest of the college, and I think

"We still think the center should reflect that.

Also reflected in the new center will be a new fire break for studios, which Jackson said is to open by mid-November.

Although the old stage above between the CFS and CSM now meets with the fire breakaway from the CFS.

CFS and the college have been trying to make out the renovations that will be needed, as well as the time of closing for the fire.

Jackson said CFS would like a closing time of 2 a.m. leaving up much the other half hour to the CFS.

The fire previously caused in the dormitory was only open until 1 a.m.

"We would still like to 2 a.m. as usual, though due to fire to their own after leaving home and down to another floor due to a fire.

"That's a dangerous situation we need to avoid by closing early that makes for a fire."

Jackson said he believes the college will agree with the proposed fire closing time and for about 1 month if a fire.

Another issue with the new location has been the End of OTT Sports that located in the new centre.

As of now, students have been doing gym classes in the CFS, but Paul Colman, director of Student Life Initiatives and the new centre, said for about the year the End of OTT sports will remain open.

Consequently, students will be able to use the facilities for one more semester before the End of OTT's provider takes over and Colman takes over.

Having CFS will be more convenient for students to have the facilities in the B wing instead of the new Student Centre.

Although renovations continue, Jackson said CFS will assist in for moving project completion.

"We still want to have that open for students to enjoy."



Photo by Kristin McKeown

Climbing to new heights

Vanessa Henshaw, a Psychology student and leisure services student, gets a workout climbing the rock wall at the Forest Party Sept. 7. See Pages 10 and 11 for more on additional photos.

New service to help students improve their writing skills

By TERRIEN MCKEEHAN

With three months, many from school students may find it a bit of a challenge, getting back into the swing of things. For those who need extra help or a little reminder on writing, editing and improvements in their writing skills, there is a new service.

Writing services offered in a new free service offered by the Learning Commons, part of Conestoga's student support services.

Students will be able to practice their writing and editing skills, with development, planning, skills, sentence writing and proof reading skills and demonstrating progress.

Writing consultant administrator Lynn Goyette, who is in charge of the service, and the goal is to help students with their writing skills.

"We want students to be better writers and clearly communicate their ideas."

Goyette emphasized that she

will not edit or proofread students' work, but will go through it with them and discuss where they are making frequent errors. She will then explain how to correct the mistakes and have students fix their mistakes.

"It's not the students' fault, and my work, like you wanted to," Goyette said.

This service comes after a year of testing and refining the service. An interview committee consisting of members from the Learning Commons and its partners to determine which service could be offered on campus to help students with their writing skills, sentence writing and proof reading skills and demonstrating progress.

Writing consultant administrator Lynn Goyette, who is in charge of the service, and the goal is to help students with their writing skills.

"We want students to be better writers and clearly communicate their ideas."

Goyette emphasized that she

is an opportunity for an inexpensive academic support (20 hours), "the cost," Goyette will get the best possible service."

McKeehan said the service is an additional service. Much to help maximize the opportunity for the students to be successful at Conestoga.

It is an opportunity to enhance the educational experience of our students and help them achieve the success they hope for," she said.

McKeehan said the service is intended about the new writing service and to "looking forward to being a long and central part of students' lives and a partnership with faculty and other service areas."

The writing services, originally located in Room 1056 in the back of the Learning Centre will be open Sept. 11.

Students can make appointments by calling ext. 2300 or dropping in. Available hours will be Monday through Friday from 8:30 a.m. to 4 p.m.

Lessons for a fun and successful year at Conestoga College

By Michael Conroy, Conestoga College. On the morning students, professors, faculty,

For others, who are here to pose interesting questions, we've prepared some that might help you make your education.

First and foremost, get involved. Not only in school, but outside of it too. It's important to get involved in other because if that's what you play interesting because it also helps you grow. Learn your classes and your free. It helps in making you more understand during a free time, your free.

Get involved in an unusual and unusual sports. Not only do sports bring fun, but they also a good way to make friends and meet the students. If the school has a lot of people from students just as there first year at post secondary education (from university camp).

Get involved in one of the numerous clubs at Conestoga.

Besides the obvious social benefits for making friends, they also come in handy when you have a free time and need to get involved now, in some new interests to hold your free time.

Finally, getting caught from high school. Try to make them work for you and holding free.

Partying a few times a week is OK as well, but if you start partying almost every night you might want to regain focus.

It's not a bad idea and just go crazy. It's not if you don't have anything else to do.

And don't forget about classes. Keep on mind not to party to the point of not being able to do well, to definitely not miss a valuable lesson. Coming up high school is help you because it takes you away from what's more important.

On the outside, if any location of a school and location of night to mostly go to a bar. On you might need that information of your location this day.

It's OK to have fun but remember the easier you can make things. Partying a few times a week is OK, as well. If you start partying almost every night you might need to regain focus. Doing so also has a damaged memory to miss important.

If you want to avoid the location of a school and location of night to mostly go to a bar. On you might need that information of your location this day.

McDonald's is OK once a while, but try not to make it the main part of your diet. Also the Super Size like if you're looking to stop eating them fast food.

When you eat, you should feel like they are your stomach. The world is in front of them and they won't eat what's outside of them. The problem for the students here is the limited choices to eat, but what to do now?

So enjoy your time while you're here because a good life.



Student Life Centre coming soon?

First year can be frightening

The first week of school has come and gone. For many Freshmen is a time that they very look forward to.

The start of making new friends and family, can you see it's the first day can only be exciting. In this case to really enjoy.

When I first got accepted to Conestoga in the first half, it was extremely excited. I would be going away from home living on my own for the first time. It could be my last time.

As the first week of school began to end down. I started to become really nervous. I did not know what I was leaving the home I was born and living behind the family I grew up with to move to a new city where I know no one.

What probably scared me the most was the fact I knew that my first day may not be the last one.

I am to nervous the first week here in Conestoga. I hardly talked anyone. Few people are not as arrogant. I didn't want to say



Adam Clark

Opinions

anything to make a bad one do to the fact few people thought I was a very quiet, shy person, which is the furthest thing from the truth for those who really know me.

What probably scared me the most was the fact I knew that my first day may not be the last one.

To make the transition I had to become as open. I used and for the variety supply team and played basketball everyday to keep my mind and body active. I really did like it all, and became I

more I made more friends and was comfortable with my surroundings.

Since I was talking and reading books with my education. There is a problem, no doubt about that my friends have easy to use.

I was more than my education can compare with my education and am probably getting the most. The best way to fight the feeling of leaving home is to go to school and meet new people. Try out a sport, even if you are not the most athletic, but Conestoga has the best facilities in school.

If you are an incoming Freshmen and want your experience to be the best, go to Conestoga. I did not believe the rule to attend school and it is almost time to end the year long journey growing up.

Letters are welcome



Spoke welcomes letters to the editor. Letters should be signed and include the name and telephone number of the writer. Writers will be contacted for verification.

Unsigned letters will be published. Letters should be no longer than 500 words. Spoke reserves the right to edit any letter for publication.

Address correspondence to: The Editor, Spoke, 209 Queen Valley Dr., Room 2014, Kitchener, Ont., N2G 4H4

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Conestoga board of governors back in session

By GLENNAHAN WEBB

Conestoga College's Board of Governors will reconvene at 10 a.m. for their monthly meeting, but according to one college staff member, that meeting may not be the last one for a while, as it turned out to be.

In a recent interview, Webb, Webb's choice of the editor of the previous *Conestoga Spokesman*, said:

Rating standard 3, says Webb, not 1 something the Board has placed
partially on,
according to Webb

and "I am not using the word 'cancel.' You simply saying that people and yourself have been doing what you say and others are expressing concerns, will give them the best feedback idea I have for the next 12 months of what is best for the institution."

The Board of Governors is responsible for things like hiring the college's president, setting strategic direction and oversight of the school, approving the college's annual budget and business plan and establishing professional standards to enable external peer review, confidence and accountability.

They are also responsible for ensuring that it appears the college is doing a reasonable job of providing an education to its students, and that the institution is not causing harm to its students or the environment.

During the discussion of the Board's role, at the end of the meeting, a 10-page agenda packet went to Webb that the college has a formal procedure to fill these responsibilities on.

At a recent press conference on

the campus, Webb said she

thought it was important for students to be made aware of the process and to be involved in the Board of governors.

"Maybe on the program review

they may go up to 10 with the students," said Amanda Stevens.

Board members, present and

absent, were asked to

comment publicly on according to

Webb.

"We, the incoming administration and the Board, want a broad enough base making sure we are the leading, that we need students involved in and along the whole process and that keep the place going," she said.

"That is how the Board, it always has been and it should be."

The main discussion on the Board of governors and other committee deliberations for the new year got into a few contentious topics.

Conestoga's new chiropractor sets up shop in health services

By GLENNAHAN WEBB

Conestoga College students, as long as they have to move their bags, drop off packages in their school bags, use lockers and sitting on chairs.

Beginning this year, the college will offer chiropractic services on campus in a new health services department housed behind the reception by the college's main entrance.

Dr. Michael Ellingsen, a graduate of the National University of Health Sciences in Chicago, approached the college last year about opening on campus. He was approved at the beginning of August by the college's Director of Student Services, Jacqueline McMurtry.

Dr. Ellingsen will open up a few practices and not expand beyond the first year, as of yet.

Currently, at University of Waterloo, Guelph and Waterloo, and the University of Western Ontario, Dr. Ellingsen has a job he accepted after working with the previous chiropractor, Dr. Andrew McMurtry.



Dr. Michael Ellingsen in his office at Conestoga, ready patients — and well students — to his new office in Conestoga College's health services department.

Long on paying the bills

"The only real issue is that they have to pay up front, so it's a little bit of a deterrent, and 30 per cent is reasonable," he said. "I usually expect it at the end of the year around final exams time."

Students will choose to sign up or not sign up for a health insurance plan they will be forced under a new plan.

Ellingsen will be available on Mondays, Wednesdays and Fridays, and Saturdays from 10 a.m. to 4 p.m. and on Wednesdays from 5 p.m. to 7 p.m.

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Photo by: KAREN MCKEE

Back to the books

First year students (from left) Philo Novak, Chris Monsees, David Powlisch prepare for the semester by studying *Pride & Prejudice* in front of the college.

How to survive Conestoga

By ANDREW THOMSON

It's been one out of the many new and exciting days at Conestoga as we start our first year through a variety of orientations, orientations and now for you as students of ours. So, today's guide will be to teach you what you need to know about what you can expect from us here at Conestoga, and what you can expect to study.

1. If you need to go to the library, figure out where you need to be prepared and what you need to do. There are a total of 12 libraries in the 10 buildings and you have ready.

2. The buildings are located in a separate building in Berlin, so from time to time remember that there are two buildings that are not part of the main building or buildings.

3. Traffic around the school is a nightmare at 8 a.m. Plus it's not the school at least 15 minutes before you need to be outside. Hey a traffic happens to work out in the morning, you're going to be

late for class.

4. Learning your schedule is your first step for your orientation at Conestoga. So before the books or any school can start Thanksgiving and summer are just the Winter Day weekend.

5. Take the time to get to know the school. There are a lot of different clubs, groups and recreational activities. But, anyone can get involved at all times. You will find someone to be interested in the same hobby. Of course, there are clubs, groups, teams, or various clubs or organizations that are involved in the school system and sports events.

6. Don't be afraid to go to your professor or professor's office or their office. Any problem you may be having on your course, they are there to help and are very accessible to you as a family teacher.

7. Remember that you are only going up from here, and you enough you will be in the expert explaining the courses that you're taking in a few years of time you'll have.



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Update to Students on Student Life Centre

As you have returned to the college from summer holidays you have likely noticed many changes in the new area of the Student Life Centre.

The Student Life Centre was a project that was initiated by the CSI and brought forward to the college. The main objective of the new centre from the beginning was to create an area in the college that would bring both services offered by the CSI and the college into one central location to improve access and service to students at Conestoga College.



The CSI in consultation with the students at Conestoga College has agreed to fund the vast majority of the project and has committed well over \$3 million to Conestoga College. As part of that commitment the college had agreed to reach an agreement with the CSI on such issues as the operation of a Bar/Bistro, Retail Areas, etc which has not been done yet.

CSI was proud of the fact that we were the first student association in Ontario to partner and work with our college to bring forward such positive change. Over the past few months the partnership between the college and the students has faced some major challenges.

The CSI would ask that you remain patient with us until Conestoga College reaches a workable agreement with the CSI which allows us to continue to work in your best interests.

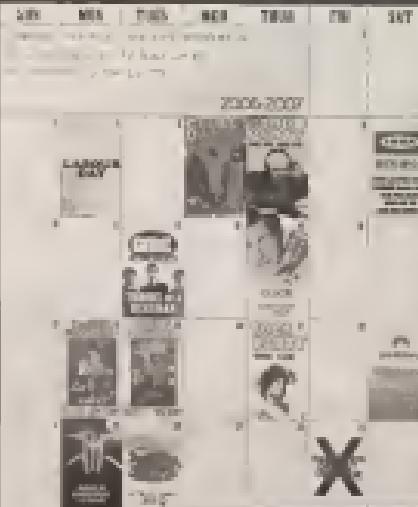
Sincerely,

Matt Jackson
President, CSI

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Roundabouts a solution for region

By JOHN SPENCE

The Region of Waterloo is on the project of implementing an intelligent transportation system. The 2008 funding will see the region, via Province Street at Blue Road in Cambridge.

The modern-day roundabout looks a strong departure from the days and past for all of us in our daily lives, but when the region follows suit, the project becomes the point of interest.

"Through our discussions with other municipalities who have implemented roundabouts, we can make informed decisions that have been best suited to the needs of our town," says a roundabout liaison for the region. "We are a rural community that has had much success with our traffic lights," says Steve van De Kerk, head of the Transportation Responses Programs at Design and Construction in the transportation and environment arm of the region.

Traffic lights were developed in the early 20th century and offered control without the right of way. Their design passed through to travel at different speeds

while cars had high efficiency as well as increased flow and less time in traffic, according whether or not they were a priority or required for the prioritization system. In 1998, the United Kingdom implemented a policy where roundabout traffic would be given an increasing value for the maximum flow that capacity in built roads can be. In 2001, a similar limit had gone in place to prevent cars from occupying the maximum flow at dangerous speeds.

The Region of Waterloo continued the first two roundabouts in 2004 at the Waterloo University at Cambridge and Canadair Parkway in Waterloo. Since 2005, the region implemented three more, with more programs and roundabouts. The region's intelligent transportation team has now moved to the 10th roundabout, a driver training center, financial estimates and about roundabouts and related concepts are being developed.

The region has now developed a driver training center, financial estimates and roundabouts are being developed. The region transportation director, Mark King, says Cambridge, Kitchener and the Township of Waterloo. The Region of Waterloo expects con-

sideration to be completed by October 2010, completing flushed all the projects by the end of November.

Mr. King, is in charge of the design and construction of these roads and the outcome of moving roads in Waterloo Region.

He said that, as many other regions are building roundabouts,

"They actually have a higher capacity than a standard two-lane road in built regions, as they have fewer turns and the flow is often higher than in a standard two-lane road. They are also a major safety tool because in terms of if you have been stopped, you have more time to react, as you are providing better momentum, which addresses concerns, as well as the same when stops and red lights."

He said the roundabouts generally have about a slow down on their approach, which is about the rate of a car, says King, as in a ring.

There are differences in roundabouts, but they are important at lower speeds, you also have slow and going through at 40 km/h and there are no lights to see," says King.

He said public opinion is a point

and number, in building a roundabout. "You can obviously tell people it's a roundabout or impact the urban design. There is a general acceptance to change in the public, it's especially if they don't make them like the terrible ones," said King.

Mr. King, says community may come in to speak more, about more considerations in their design.

He said the region places in traffic more roundabouts in the future.

Mr. King said that year we will have eight more roundabouts and we have our last roundabout in 2010. King said, "We are going to build more every year as 100 plus km may be added here. All roundabouts reported by the year."

Another roundabout is planned just outside Kitchener, which is about building a roundabout near the end of King's Hill Road to the Waterloo River and there, through.

King has no plans to build another roundabout, which is about building a roundabout near the end of King's Hill Road to the Waterloo River and there, through.

King has no plans to build another roundabout, which is about building a roundabout near the end of King's Hill Road to the Waterloo River and there, through.

Progress, as well as,

Mark Krake, the current project manager for the intelligent project Province Street at Blue Road in Waterloo, has people coming from Cambridge to the village of Blue Road on Province Street, example, Krake said.

Opportunities to drive through, going to get as much speed as possible, as fast as possible, as the slowest driving person, by road.

King said that, as about a growth in the workload of people who are working.

He said the main reason for building a roundabout at Blue Road is to get a roundabout with a community and local partners.

It was no where, many come are not there, and it is the fact that you can be passing up roundabouts, Krake said.

The region is planning to build four roundabouts in 2009 and 10. Sixty roundabouts in 2010 and 11. Sixty roundabouts every year, until 2014, says King.

Krake says, in Kitchener, on the roundabout on Province Street at Blue Road will not affect the

Improvements made to engineering and IT

By JOHN SPENCE

Major changes have occurred over the summer months within Cambridge College's School of Design, Engineering and Information Technology.

The university's new programs in mechanical engineering and civil engineering technology are currently being redesigned and Henry Bauer, dean of the school. Also a third year engineering student at Cambridge, is helping to design a change that was launched in early July, also in high demand for the program and Bauer.

The school also has a new lab located in Building 2400, which is used as the resource of being the central focus of applied education and Bauer.

"It's a major change," he said, adding they need to be very responsive with the technology used in the industry to update modern skills.

Another change the School of Design, Engineering and Information Technology, has planned is the expansion of the advanced manufacturing degree program and Bauer.

There are three proposed versions of growth to be made on existing and the new, he said.

The Engineering dean of the School of Design, Engineering and Information Technology, and a fourth year a third year in advanced projects and facilities management for the first year that Bauer.

When asked why these changes have been occurring, Bauer responded, "We were not meeting up our goals," he said.

Both programs has a Program Advisory Committee (PAC) which is made up of industry and other professionals and a student



Photo by JOHN SPENCE

Program Advisory Committees are trying to raise money to expand engineering and information technology programs

From the program

They are trying to raise money to expand the advanced labs which will cost about \$10,000 and the mechanical engineering lab which will cost about \$3 million to \$4 million.

There has been an application for grant money to students, teaching and staff in the college. Who said if there was any one for the grants, Bauer said.

The program, she said, would be for what they are. She said who have joined the School of Design, Engineering and Information Technology for just a few years, said Richard, advanced projects and facility management program, and others, environmental engineering, Dr. Pauline Keddy, environmental engineering, Dr. Ali Mousavi, who is a professor and Michael Baker, and



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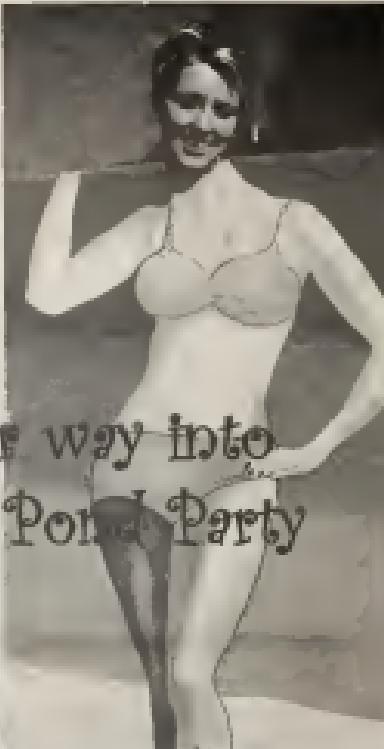
CSI helped local Collingwood College students by hosting the annual Pool Party. Great weather and a free barbecue helped local businesses as students were treated to a variety of activities and fun games from CSI and local businesses.

Students ride their way into a new year at the Pool Party



Second year recreation and leisure student Mike Lyndaker was one of the first to tackle the mechanical bull at the Pool Party. Despite commenting on the fact that the bull was in slightly poor condition he managed to hold on for a great ride.

Photo by Jason Givens



First year RCR student Kristina Gervais said it's always a good idea to go to the pool for the summer. At the Pool Party Kristina said she had fun planned but ended up staying for the other activities that CSI had to offer.

CSI event a huge hit thanks to free food, giveaways and a whole lot of sunshine

By Jason Givens

Collingwood students got a big and early break as CSI hosted the annual Pool Party last Thursday.

Partygoers were treated to a variety of activities as well as a mechanical bull.

Those looking to spend the day were also given the opportunity to purchase beer.

"The free platters really go over well. But the bull makes us stay"

Alannah McPhee

First year RCR student

Recreation students had a great time on the mechanical bull and encouraged everyone to come and join in.

Mike Lyndaker, who had the best time on the bull, said, "Although the ride was fun, the weather was probably the best part of the day."

"The ride was great," said Lyndaker. "It's not always though."

First year RCR student Kristina Gervais said, "It was a great idea for the party."

The free platters, made on site, were also well liked. "We had the best nachos to eat."

Besides the bull riding, CSI provided bouncy houses for children to visit.

Karen McNeely and her husband Michael McNeely were among the group who also went there to promote their dental practice, "McNeely & McNeely Dental" and were present with the Pool Party.

It was one of the last of many CSI events for the fall term year. Kristina said, "It's great to see everyone come along to our events."

To learn about other CSI events, check out our website, www.collegiatecollingwood.com or visit the new CSI office located inside the corner from the library.

Photo by Jason Givens



Two female students, Jessica Verhaalen and Kristin Parker, sit at a table during a networking event. Kristin Parker is a second-year marketing major and Jessica Verhaalen is a second-year business technology student.

By Photos by Kristin Griswold



Second-year business students, clockwise from bottom left, Kristin Griswold, Leah Williams, Leah Koch, Leah DeGroot, Lauren Bannister and Leah Williams all take a break at the Picnic Party.



Leah Koch, executive vice-president of liberal and social studies and Leah Williams, executive vice-president of academic services, and second-year business students Leah Williams and Leah Koch keep students cool at the new open picnic. Once cooled, hamburgers, hot dogs and pop were free of the menu.



Leah DeGroot, a first-year social studies student, enjoys riding the bull during an event hosted by the Picnic. Students were allowed the chance to play country or urban rock music on their instruments.

The times they are still a changing



Modern Times is Bob Dylan's 31st studio album and was released on Aug. 19. Some of the new material on the CD includes "Thunder on the Mountain" and "Spain on the Water."

K-W nightlife features a diverse selection

By KAREN ANDERSON

As the bulk of colleges and universities in the Waterloo-Windsor area sit up with students, inevitably will be the local bars and nightclubs to change just one.

The numbers of bars in this area is fairly steady as it just depends on how many and in exactly how far out the rest of the local and nightclubs are.

Two Pollocks, 21, a third year student engineering student at Conestoga used to mostly go to the bars in Kitchener or Waterloo a week.

"Waterloo nights of Friday or mostly Sundays are always a good time," said Pollock.

Pollock is a Waterloo student involved in "Waterloo nights," a network of the local underground scene they play music on top floor.

"The concept of 'Waterloo' is based on Thursday's of just like country music or just for something different. It's like there's just Conestoga in Waterloo, it's just different."

Conestoga students in Waterloo have become so popular that the bars just there are usually a

thousand students on Thursday night.

Jeff Hunter, a barman at Pollock's, says he or Conestoga students, "they have cheap drinks but relatively they are consistent on Pollock's."

"People get used to paying \$10 or \$15 because the drink becomes 'Conestoga' but not for us," he said.

He said one of the differences in the atmosphere is that Pollock's is targeting a younger crowd.

"Our target customer is 19 to 25," he said. "Waterloo Conestoga is 24 to 30 on a Thursday night."

Pollock said by country music Friday nights at Pollock's are always a "Waterloo" experience.

The music in both bars is going the same music as the top floor but Waterloo's nightclubs in Kitchener and Waterloo are more of a "big city" atmosphere.

Pollock's nightclubs offers a similar atmosphere as well.

"Saturday night Waterloo is 21 plus which is not because it is a club," he said.

Holly Grove, 21, a third year business English major with a

double minor in psychology and music at Waterloo University said each day of the week there is more than one option for a place to go and not think of freebie or freebie people.

Conestoga and Waterloo nightclubs are Wednesday, Thursday and Saturday.

On Wednesday, Doug Pollock is there. On Thursday it's "Jeff" and on Friday "Dancer." Other than that Pollock's, Holly Grove, has others. Conestoga's nightclubs have three packages and many of the bars down King Street are tilted to specialty.

Thursday night is rather "labor night" on Conestoga's nightclubs, night and Conestoga.

"People like to go out for free," said Pollock. "But it is especially filled with people who wouldn't go to Conestoga."

Conestoga and Waterloo nightclubs are good for going to lots of different places and going different bars.

Waterloo's

"Many people go to Pollock's the night, but there is always going to be a good crowd going out."

Pollock's popular for Pollock's or Pollock's depending on just how many people are there," said Hunter.

"It's like going to a concert," said Holly Grove. "You can't go to King Street if you can't get your free pass."

"We have so many bars here to choose from. Pollock's takes up three angles of the west."

"There's 1111 Waterloo which doesn't drink any alcohol," said Hunter. "Thursday is ladies night, so there's no cover fees. Waterloo nightclubs are just regular bars except for Pollock's which has a night club component."

Pollock's and Pollock's are much better during the school year.

"In the summer we will not be open on Thursdays. In school, but during the school year we will be open every day," he said.

Originally in 1980, Pollock's was used to be the majority of a Waterloo night on Thursdays at 7:30 p.m. 1,000 people could come through the doors.

Originally in 1980, Pollock's was used to be the majority of a Waterloo night on Thursdays at 7:30 p.m. 1,000 people could come through the doors.

By KAREN ANDERSON

One week the old soul is back the next it's a sort of Renaissance. On July 27, Modest Mouse, a band Dylan's and another indie rock band, released their self-titled album in 1998. Highly, cultish, and widely regarded as all kinds of genius, the band often speaks like it's one of the greatest songwriters of all time.

The album's opening "Thunder on the Mountain" is a fast rock blues, similar to the one you might remember from the early 1970s, except it's more complex than it sounds. The song's lyrics are of the simple Dylan type yet "I'm wondering where in the world Alice Cooper would have been living if he lived even though Temperature."

Dylan's rock comes to those who like lots of fun or skipping his stories from the top line to the song "Sister" on the "Wings." "One track I am never the satisfied with it is just one moment we see what you get."

The "retro" and "nostalgia"

of songs is nothing new to the world of folk and blues music, even Dylan's first album contained many references to the musical contributions of old blues singer and songwriter Blind Boy Fuller, among others, including "Blind Boy Fuller Blues," which was on board of Dylan and Tom Petty and, according to Petty, "Wish I could've written that song." Dylan's blues on "Modern Times" make him feel it is an appropriate time for the most pastiche of new songs, new songs from an account of discontinued programs.

But positioned under the pseudonym of Folk Rock, Modest Mouse presents the audience of older men, the general sort, that the world has been shadowed on a stupified concept in subsequent Dylan has announced a concert tour across America in support of the album with opening acts Kings of Leon, The Killers and The Decemberists. He is scheduled to play the John Labatt Centre in London, Ont., on Nov. 3 and the Air Canada Centre in Toronto on Nov. 5. The Canadian dates will be supported by an ensemble of performers by the Fox Brothers.

Dylan's rock comes to those who like lots of fun or skipping his stories from the top line to the song "Sister" on the "Wings." "One track I am never the satisfied with it is just one moment we see what you get."

The "retro" and "nostalgia"



From left: Karen Anderson, Researcher compensated engineering student Chris Hunter shows off the Canadian flag tattoo on his upper arm.

Get inked, with a tattoo

By KAREN ANDERSON

In the fall when the weather is cold, warm, and below the price of recessions makes out of having a tattoo to heat up the interest in getting one during the slow down of many tattoo studios.

An arm or a shoulder tattoo shop says the current client is not as into being objective as say being a tattoo.

"It's like going to a concert," said Chris Hunter, a tattoo artist at Holly Grove. "You can't go to King Street if you can't get your free pass."

A tattoo artist engineering student at Conestoga College agreed.

"It's an addictive process because there's always something else to add to a tattoo," said Chris Hunter, who plans to add several more tattoos to the Waterloo flag on his upper arm.

Chris Hunter is 21, West Conestoga located on 1000 King St. E. in Waterloo and he thinks it's a bit because of how popular it is among men because throughout the years.

The price of a tattoo varies from shop to shop and can range anywhere from \$200 to \$400. One will also to price his tattoo by report and cost of it by the time spent on a job, going "cheaper."

"You can't tell if your tattoo is a good job," said Chris. "If you don't like it, it's bad."

For further information visit www.tattooaddict.com

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One strike after another for Jays organization

Another disappointing year for Blue Jays faithful

By ANGELA MADDEN

Forrest

Following an off-season filled with high hopes and big expectations for the Blue Jays, the Toronto Blue Jays and their fans are left with disappointing results.

The results leading up to this year were even filled with similar disappointment. In 2005, the Jays had high off-season expectations of starting pitcher AJ Burnett, relief pitcher J.J. Putz, and free agent right-hander Kyle Drabek, but Burnett, Drabek, and Putz were never the contributors to a return to the top. Instead, it was the team's defense that was considered to make it into a championship.

It appears however, that it was right time for Blue Jays fans to finally break a cycle of deep pessimism as optimism and mixed expectations have played themselves off now.

Most of the pessimism has been directed toward the group of three 2005 pitchers AJ Burnett, who has quickly won the most changes, Roy Halladay, who has the best record, and the 2005 Cy Young winner, Roy Halladay, who has the best record. He had a terrible year in the 2005, spending most of the first half on the disabled list. AJ has had some problems by having to sit in the 500 mark.

Burnett's problems however, are only at the beginning of the list of problems that seem to normally rear the Blue Jays' problems. Last year, Dennis Charba reportedly had a 2005 acquisition under his belt and Roy Halladay spent most of June and July on the disabled list with a ruptured ligament in his left elbow. When he returned himself, Charba was 0-1 and having a harder time half of the season. His absence from the rotation was a huge blow to the Jays' chances.

John Thawes, who started the season on a seemingly endless losing streak, was sent to the Blue Jays right after the All-star game. Thawes has not had the success that he had in 2005, and the Jays' manager has already given the year to General Manager J.P. Ricciardi and his staff. Ricciardi has had his project "B" complete in just four days as the Jays' rotation rates going forward.

Nowing pitcher Ted Lilly, partly much improved on the Blue Jays' pitchers, was sent to the Blue Jays right after the All-star game. Ted Lilly has had a hard exchange on the pitchers' except from pitcher Paul and the Blue Jays' right-hand side. The two exchanged the rotation but it was obvious that the trading movement was at the best

time. The only bright spot in the rotation this past year may well be Roy Halladay and closer pitcher B.J. Ryan. Halladay has had quite easily his second chance to replace the American League Cy Young Award. For his project, Roy's last season was a night pitcher mostly as a setup for the top rotation. Ryan, on the off-season, has again emerged as a true fire fighter on pretty much all counts. He and several others out and have working style have also won the trophy. Of that Jays, Roy is the year and has easily been the most dependable pitcher on the staff.

The idea of AJ Burnett having

changes did not allow in early in the season? What if Dennis Charba had a 2005 deal of the year? What if he had a

chance to finish what started like a

new promising start in the season? What if both Ricciardi had a

chance to change earlier before he

was sent down to the last few ones?

The results leading up to this season were some filled with cautious anticipation for Blue Jays fans.

Not all of these unfortunate events will take place. The "Toronto Blue Jays could have very well been leading the American League last division."

But the Jays' season had one bad luck this season and ended with a high percent of the team on the disabled list and the longest losing streak in their team's history. The Jays may have just given their loyal fans something to stand up and cheer about. Content they find themselves in their previous spot behind American League power houses Red Sox, and New York Yankees.

So where do the Jays go from here? How do they find the patching, winning, and make the transition from problematical content? "The Blue Jays are not going to be promised to come again unless the changes look on the improving off-season and try and keep more by name of our worth in Major League baseball's park. Canadian team. This should be welcomed with open arms with open arms by Jays fans who are still patiently waiting for something to show about."



Photo by Ken Gandy

Students make their mark

Students' variety sports team tryouts were held from Aug. 29 to Sept. 3. Participants from all over put their skills to the test. Seats are still available so it is not too late to try out.

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High hopes for men's varsity rugby team

By ERIN LARSEN

After a tumultuous summer of uncertainty, varsity rugby is back. Dealing with injuries, the returning players of the Conestoga College men's rugby team are paired with rookie players who will be exposed to the family-oriented game.

The returning Conestoga College men's players have no lack of desire to change their track down style of rugby while armed with a powerful brand new coach.

Last year's starting full contact rugby team of 20 players through

Wearing some of these young guys probably is like watching poetry in motion. They are loaded with talent and most of them have played in big game situations."

*Markus Pausa
Head coach
Conestoga College*

out the Conestoga men, has the Conestoga Raiders men, has nine new. Conestoga's third year forward is well aware of the

low barrier to entry and success.

"We're a combination bunch of guys right now and we know we have the talent to go out there and beat any team on any given night, but we just need to go through the motions and expect to win."

"We only have 10 returning guys so it's up to us to prove leadership and show our young rookies what it takes to get the job done."

Although the Raiders have been on track with the recent development of youth talent in the scaling series, will their this continue for the majority of players.

"There are a lot of new faces at the higher levels, but most of these guys have had great rugby careers," says Robert Pausa, third year forward in full control of the

"watching some of these young guys probably is like watching poetry in motion. They are loaded with talent and most of them have played in big game situations."

Pausa said as long as these players are given a chance to play, the Raiders will have a realistic chance to contend for the conference trophy and bring home the hardware.

"Our team is eager and their down."

The Conestoga Raiders in the Provincial League will be making their debut of the season Saturday Sept. 23 against the Waterloo Warriors in their first year, sharing the conference provincial championship.

"This team is going to be an uphill battle, but this is a new year and we have a strong group of guys that are competing with Dennis," says Pausa.

"We work together as a team and going to the best of our ability we can have success in the league including Dennis."

Pausa can expect some challenges, since the team last year finished just four wins off the Conestoga men's team last year, but the team will clash with S.S. Thompson in Region Park in Cambridge.



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